Pocket prayers

Eight small prayers for the moments that come up in a day. Cut them out along the dotted lines. Keep one in your wallet, your Bible, your coat pocket, or tucked in the car visor.

IN THE MORNING

Good morning, God.
Before the day gets loud,
I'm giving it to you.
Walk ahead of me.
Amen.

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BEFORE A HARD CONVERSATION

Lord, steady my voice
and soften my heart.
Help me listen more than I defend.
Give me the right words,
or the grace to wait for them.
Amen.

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WHEN YOU'RE WORRIED

God, my mind keeps running ahead.
Bring it back to today.
I'm handing you
what I can't hold.
Stay close.
Amen.

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FOR SOMEONE YOU LOVE

Lord, you know _____
better than I do.
Keep them close today.
Give them what they need,
even what they won't ask for.
Amen.

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WHEN YOU'RE TIRED

Lord, I'm running on empty.
Be my strength for the next hour,
and the one after that.
Show me where I can rest.
Amen.

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A THANK YOU

Thank you, God,
for this day and the people in it,
for what went right,
and for the help I didn't see coming.
Amen.

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AT NIGHT

Lord, the day is done,
finished or not.
I'm leaving the rest with you.
Watch over the ones I love,
and give me sleep.
Amen.

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WHEN YOU'VE GOT NOTHING TO SAY

God, I've got nothing today.
No words, no plan.
Just me, sitting here with you.
Let that count.
Amen.

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