

# Verses for hard days

*Twelve short verses for the days that ask a lot of you. Stick this on the fridge and read the one you need.*

## When you're worried

*Casting all your care upon him; for he careth for you.*
**1 PETER 5:7**

*What time I am afraid, I will trust in thee.*
**PSALM 56:3**

## When you're afraid

*Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness.*
**ISAIAH 41:10**

*Have not I commanded thee? Be strong and of a good courage; be not afraid, neither be thou dismayed: for the LORD thy God is with thee whithersoever thou goest.*
**JOSHUA 1:9**

## When you're worn out

*He giveth power to the faint; and to them that have no might he increaseth strength.*
**ISAIAH 40:29**

*But they that wait upon the LORD shall renew their strength; they shall mount up with wings as eagles; they shall run, and not be weary; and they shall walk, and not faint.*
**ISAIAH 40:31**

## When your heart is broken

*The LORD is nigh unto them that are of a broken heart; and saveth such as be of a contrite spirit.*
**PSALM 34:18**

*Blessed are they that mourn: for they shall be comforted.*
**MATTHEW 5:4**

## When you're waiting

*Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD.*
**PSALM 27:14**

*It is of the LORD'S mercies that we are not consumed, because his compassions fail not. They are new every morning: great is thy faithfulness.*
**LAMENTATIONS 3:22-23**

## When you can't sleep

*I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety.*
**PSALM 4:8**

*Peace I leave with you, my peace I give unto you: not as the world giveth, give I unto you. Let not your heart be troubled, neither let it be afraid.*
**JOHN 14:27**